

## Wraps

Chicken Caesar.....\$9.75

Grilled Chicken, Romaine, Croutons,  
Parmesan Cheese, Caesar Dressing

Eileen's Roasted Veggie.....\$9.75

Roasted Red Peppers, Onions, Carrots, Cucumber,  
Lettuce, Tomato, Balsamic

Jack's Hungry Man.....\$9.75

Ham, Pepper Jack Cheese, Bacon, Lettuce, Tomato,  
Mustard

## Salads

Garden Salad .....\$7.50

Fresh Greens, Tomatoes, Carrots, Dressing

Add scoop tuna, chicken, egg salad...\$2.30

Chef Salad.....\$8.75

Fresh Greens, Turkey, Ham, Provolone, Cheddar,  
Tomatoes, Dressing

Caesar Salad.....\$7.50

Romaine, Parmesan Cheese, Croutons, Dressing

Add grilled chicken.....\$2.75

## Extra's

Hash Browns.....\$1.95

Home Fries.....\$3.75

Muffins.....\$2.25

Croissants.....\$2.50

We also carry turkey bacon.

## Coffee/Tea

Small.....\$1.95

Medium.....\$2.65

Large.....\$2.99

## Hot Chocolate

Small.....\$2.35

Medium.....\$2.75

Large.....\$3.25

## Cold Drinks

Yoo-hoo.....\$2.75

Yup Milk.....\$2.75

Water.....\$1.75

Gold Tea .....\$2.95

Soda.....\$2.75

Gatorade.....\$2.95

Monster Drinks.....\$3.65

Juice.....\$2.45

We accept all major credit cards.

Prices subject to change without notice.

Sales tax not included.

# Jack's N.Y.C. Bagel and Deli

603 West Main St.  
Little Egg Harbor, NJ 08087

**609-296-2791**

**609-296-2761**



## Fresh Bagels

Plain, Sesame, Pumpernickel, Egg, Garlic,  
Everything, Poppy, Onion,  
French Toast, Rainbow, Whole Wheat,  
Blueberry, Asiago Cheese,  
Cinnamon Raisin, Sundried Tomato,  
Whole Wheat Everything, Egg Everything

## A Bagel With

Butter.....\$1.95  
Peanut Butter & Jelly.....\$2.75  
Jelly.....\$1.95  
Cream Cheese.....\$3.25  
Flavored Cream Cheese.....\$3.45  
Veggie, Scallion, Walnut Raisin, Jalapeno,  
Honey Almond, Strawberry, Blueberry Lemon,  
Mixed Berry, Brown Sugar Cinnamon,  
Cheese Cake  
Lox Spread.....\$7.75  
White Fish Cream Cheese.....\$7.75  
Lox, Cream Ch., Tomato, Onion .....\$9.75

## Breakfast Sandwiches

Available on bagel, bread, wrap or croissant.

2 Eggs .....\$2.75  
2 Eggs w/cheese .....\$3.25  
2 Eggs w/meat.....\$4.75  
2 Eggs w/1 meat/1 cheese.....\$5.25  
Extra egg \$.60, Extra cheese \$.60, Extra meat \$1.60,  
Substitute egg whites \$1.00, Croissant \$.60

## Just Bagels

Single Bagel.....\$1.35    ½ Dozen.....\$6.75  
Baker's Dozen.....\$11.50  
Kaiser Rolls....\$1.25    10" Hero Roll....\$1.25

Bread or

Kaiser    Hero

**Tuna, Chicken, or Egg Salad**.....\$8.50....\$9.25  
Homemade with Lettuce & Tomato  
**Turkey & Cheese**.....\$8.50....\$9.25  
Turkey, American Cheese, Lettuce, Tomato & Mayo  
**Turkey Club**.....\$8.50....\$9.95  
Turkey, American Cheese, Bacon, Lettuce, Tomato  
& Mayo  
**Roast Beef & Cheese**.....\$9.00....\$10.75  
Roast Beef, American Cheese, Lettuce, Tomato  
& Mayo  
**BLT**.....\$7.50....\$8.95  
Bacon, Lettuce, Tomato & Mayo  
**Turkey Ranch**.....\$8.75....\$9.95  
Turkey, Swiss, Lettuce, Tomato  
& Ranch Dressing  
**Turkey Melt**.....\$8.75....\$9.95  
Grilled Turkey, Melted American, Lettuce,  
Tomato & Mayo  
**Cordon Blue**.....\$9.75....\$11.75  
Grilled Chicken, Ham, Swiss, Blue Cheese Dressing  
**Reuben**.....\$9.75....\$11.75  
Hot Pastrami, Swiss, Sauer Kraut, Russian Dressing  
**Grilled Chicken**.....\$9.75....\$11.75  
Grilled Chicken, Lettuce, Tomato & Mayo  
**Grilled Chicken Pesto**.....\$9.75....\$11.75  
Grilled Chicken, Mozzarella, Roasted Red Peppers  
& Pesto

All sandwiches are served with your choice of bread:  
White, rye, wheat, bagel, round roll or hero.  
Any sandwich can be made on a wrap add \$1.50



Bread or

Kaiser    Hero

**Mombo Italiano**.....\$8.75....\$10.75  
Ham, Prosciutto, Provolone, Lettuce, Tomato  
& Balsamic  
**Chicken Mozzarella**.....\$9.75....\$11.75  
Grilled Chicken, Melted Mozzarella, Roasted Red  
Peppers & Balsamic  
**Roast Beef Supreme**.....\$9.75....\$11.75  
Roast Beef, Turkey, Cheddar Cheese, Bacon, Lettuce,  
Tomato & Horseradish Sauce  
**Philly Cheese Steak**.....\$8.95....\$10.25  
Hot Roast Beef, American Cheese, Onions & Peppers  
**Chicken Cheese Steak**.....\$8.95....\$10.25  
Grilled Chicken, American Cheese, Onions & Peppers  
**Walt's Cuban**.....\$8.25....\$10.75  
Turkey & Ham, Provolone, Pickles & Mustard  
**Buffalo Chicken**.....\$9.75....\$11.75  
Grilled Chicken, Hot Sauce, Provolone, Romaine  
& Blue Cheese Dressing  
**Ham & Swiss**.....\$8.75....\$10.75  
Ham, Swiss, Lettuce, Tomato & Mayo  
**Create Your Own**.....\$8.75....\$10.75  
1 Meat, 1 Cheese, Lettuce & Tomato  
**Two Meat Option**.....\$9.50....\$11.50  
2 Meats, Cheese, Lettuce & Tomato  
**Roast Beef BBQ**.....\$9.50....\$11.75  
Grilled Roast Beef, Provolone, Grilled Onions  
& BBQ Sauce  
**Brooklyn Italiano**.....\$9.75....\$11.75  
Salami, Capicola, Soppressata, Pepperoni, Provolone,  
Lettuce, Tomato, Bell Peppers, Oil & Vinegar

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