WRAPS

Chicken Caesar *Grilled Chicken, Romaine, Croutons, Parmesan Cheese & Caesar Dressing*	$14.80
Eileen's Roasted Veggie *Roasted Red Peppers, Onions, Carrots, Cucumber, Lettuce, Tomato & Balsamic*	$13.45
Jack's Hungry Man *Ham, Pepper Jack Cheese, Bacon, Lettuce, Tomato & Mustard*	$14.30

SALADS

Garden Salad *Fresh Greens, Tomatoes, Carrots & Dressing*	$9.65
Add a scoop of Tuna, Chicken or Egg Salad	$3.25
Chef Salad *Fresh Greens, Turkey, Ham, Provolone, Cheddar, Tomatoes & Dressing*	$12.10
Caesar Salad *Romaine, Parmesan Cheese, Croutons & Dressing*	$11.70
Add Grilled Chicken	$4.15

EXTRAS

Hash Browns	$2.55
Home Fries	$3.15
Muffins	$3.60

We also carry turkey bacon and turkey sausage

HOT CHOCOLATE

Small	$2.40
Medium	$3.55
Large	$4.15

COFFEE/TEA

Small	$2.40
Medium	$3.05
Large	$3.95

COLD DRINKS

Yoohoo	$3.55
Yup Milk	$3.55
Water	$2.45
Gold Tea	$3.55
Soda	$3.55
Gatorade	$3.55
Monster Drinks	$4.40

NEW MENU ITEMS

Hot Dog	$3.50
Mozzarella Sticks: 7	$9.60
French Fries:	
Single	$4.80
Family	$8.40
Jalapeño or Broccoli & Cheese Poppers:	
Single	$5.95
Family	$9.50
Onion Rings:	
Single	$5.95
Family	$10.80
Chicken Wings:	
3	$5.95
5	$11.95
10	$19.20
Chicken Finger:	
3	$5.95
5	$11.95
10	$19.20
Chicken Fingers & Fries	$13.10
Chicken Wings & Fries	$13.10
Sampler Box	$13.10

Includes: 2 Mozzarella Sticks, 2 Jalapeño Poppers, 2 Broccoli/Cheese Poppers, 2 Onion Rings, 2 Chicken Wings & 2 Chicken Fingers

We accept all major credit cards. Prices subject to change without notice. Sales tax not included.

609-492-7114 / 609-492-6088

JACK'S NYC BAGEL AND DELI

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Beach Haven, NJ 08008

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