

Wraps

Chicken Caesar.....\$9.75

Grilled Chicken, Romaine, Croutons,
Parmesan Cheese, Caesar Dressing

Eileen's Roasted Veggie.....\$9.75

Roasted Red Peppers, Onions, Carrots, Cucumber,
Lettuce, Tomato, Balsamic

Jack's Hungry Man.....\$9.75

Ham, Pepper Jack Cheese, Bacon, Lettuce, Tomato,
Mustard

Salads

Garden Salad\$7.50

Fresh Greens, Tomatoes, Carrots, Dressing

Add scoop tuna, chicken, egg salad...\$2.30

Chef Salad.....\$8.75

Fresh Greens, Turkey, Ham, Provolone, Cheddar,
Tomatoes, Dressing

Caesar Salad.....\$7.50

Romaine, Parmesan Cheese, Croutons, Dressing

Add grilled chicken.....\$2.75

Extra's

Hash Browns.....\$1.95

Home Fries.....\$3.75

Muffins.....\$3.75

Coffee/Tea

Small.....\$1.35

Medium.....\$2.35

Large.....\$2.75

Hot Chocolate

Small.....\$2.35

Medium.....\$2.75

Large.....\$3.25

Cold Drinks

Yoo-hoo.....\$2.75

Yup Milk.....\$2.75

Water.....\$1.75

Gold Tea\$2.75

Soda.....\$2.75

Gatorade.....\$3.25

Monster Drinks.....\$3.75

We accept all major credit cards.

Prices subject to change without notice.

Sales tax not included.

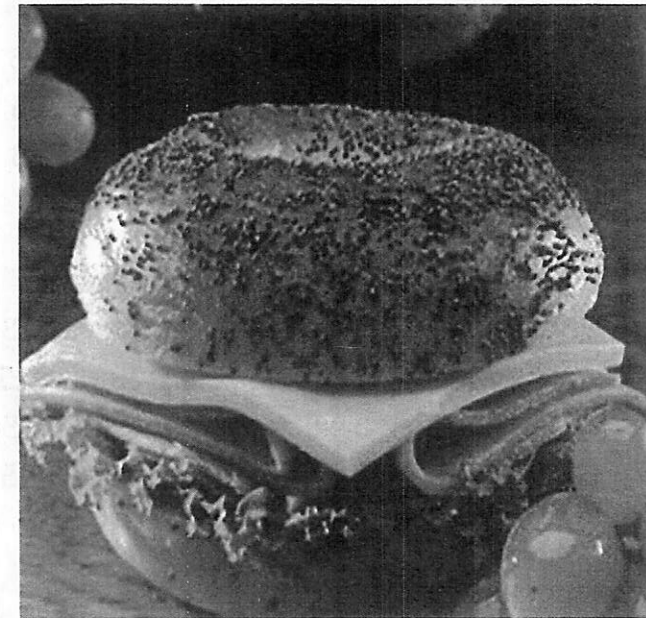
Jack's N.Y.C. Bagel and Deli

603 West Main St.

Little Egg Harbor, NJ 08087

609-296-2791

609-296-2761



Fresh Bagels

Plain, Sesame, Pumpnickel, Egg, Garlic,
Everything, Poppy, Onion, Bailsy,
French Toast, Rainbow, Whole Wheat,
Blueberry, Asiago Cheese,
Cinnamon Raisin, Sundried Tomato,
Whole Wheat Everything, Egg Everything

A Bagel With

Butter.....\$1.95
Peanut Butter & Jelly.....\$2.75
Jelly.....\$1.95
Cream Cheese.....\$3.25
Flavored Cream Cheese.....\$3.45
Veggie, Scallion, Walnut Raisin, Jalapeno,
Honey Almond, Strawberry, Blueberry Lemon,
Mixed Berry, Brown Sugar Cinnamon,
Cheese Cake
Lox Spread.....\$7.75
White Fish Cream Cheese.....\$7.75
Lox, Cream Ch., Tomato, Onion\$9.75

Breakfast Sandwiches

Available on bagel, bread, wrap or croissant.

2 Eggs\$2.75
2 Eggs w/cheese\$3.25
2 Eggs w/meat.....\$4.75
2 Eggs w/1 meat/1 cheese.....\$5.25
Extra egg \$.60, Extra cheese \$.60, Extra meat \$1.60,
Substitute egg whites \$1.00, Croissant \$.60

Just Bagels

Single Bagel.....\$1.35 ½ Dozen.....\$6.75
Baker's Dozen.....\$11.50
Bialys.....\$2.25 Gluten Free.....\$2.75

Bread or

Kaiser Hero

Tuna, Chicken, or Egg Salad.....\$8.50....\$9.25
Homemade with Lettuce & Tomato
Turkey & Cheese.....\$8.50....\$9.25
Turkey, American Cheese, Lettuce, Tomato & Mayo
Turkey Club.....\$8.50....\$9.95
Turkey, American Cheese, Bacon, Lettuce, Tomato
& Mayo
Roast Beef & Cheese.....\$9.00....\$10.75
Roast Beef, American Cheese, Lettuce, Tomato
& Mayo
BLT.....\$7.50....\$8.95
Bacon, Lettuce, Tomato & Mayo
Turkey Ranch.....\$8.75....\$9.95
Grilled Turkey, Swiss, Lettuce, Tomato
& Ranch Dressing
Turkey Melt.....\$8.75....\$9.95
Grilled Turkey, Melted American, Lettuce,
Tomato & Mayo
Cordon Blue.....\$9.75....\$11.75
Grilled Chicken, Ham, Swiss, Blue Cheese Dressing
Reuben.....\$9.75....\$11.75
Hot Pastrami, Swiss, Sauer Kraut, Russian Dressing
Grilled Chicken.....\$9.75....\$11.75
Grilled Chicken , Lettuce, Tomato & Mayo
Grilled Chicken Pesto.....\$9.75....\$11.75
Grilled Chicken, Mozzarella, Roasted Red Peppers
& Pesto
All sandwiches are served with your choice of bread:
White, rye, wheat, bagel, round roll or hero.
Any sandwich can be made on a wrap add \$1.50



Bread or

Kaiser Hero

Mombo Italiano.....\$8.75....\$10.75
Ham, Prosciutto, Provolone, Lettuce, Tomato
& Balsamic
Chicken Mozzarella.....\$9.75....\$11.75
Grilled Chicken, Melted Mozzarella, Roasted Red
Peppers & Balsamic
Roast Beef Supreme.....\$9.75....\$11.75
Roast Beef, Cheddar Cheese, Turkey, Bacon, Lettuce,
Tomato & Horseradish Sauce
Philly Cheese Steak.....\$8.95....\$10.25
Hot Roast Beef, American Cheese, Onions & Peppers
Chicken Cheese Steak.....\$8.95....\$10.25
Grilled Chicken, American Cheese, Onions & Peppers
Walt's Cuban.....\$8.25....\$10.75
Grilled Turkey & Ham, Provolone, Pickles & Mustard
Buffalo Chicken.....\$9.75....\$11.75
Grilled Chicken, Hot Sauce, Provolone, Romaine
& Blue Cheese Dressing
Ham & Swiss.....\$8.75....\$10.75
Ham, Swiss, Lettuce, Tomato & Mayo
Create Your Own.....\$8.75....\$10.75
1 Meat, 1 Cheese, Lettuce & Tomato
Two Meat Option.....\$9.50....\$11.50
2 Meats, Cheese, Lettuce & Tomato
Roast Beef BBQ.....\$9.50....\$11.75
Grilled Roast Beef, Provolone, Grilled Onions
& BBQ Sauce
Brooklyn Italiano.....\$9.75....\$11.75
Salami, Capicola, Soppressata, Mortadella, Provolone,
Lettuce, Tomato, Bell Peppers, Oil & Vinegar

Jack's N.Y.C. Bagel & Deli

603 West Main St.

Little Egg Harbor, NJ 08087

609-296-2791

609-296-2761